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Discover a unique combination of experiences in Vallès Occidental

**ENJOY THE UNEXPECTED BARCELONA!**

#discovervales @valesvales  
Four nature reserves, small towns, big Romanesque works of art, jewels of modernism and wine and cuisine tourism all await you in a nearby and surprising region.



Close but unknown, it is a region full of life and contrasts that you can't miss out on. Modern cities with medieval and modernist architectural heritage, mountains and towns right in the middle of natural surroundings.

Enjoy the unexpected Barcelona

Essential suggestions near Barcelona

WHAT YOU MUST SEE

**Experience the heritage**

### Monestir de Sant Cugat

## Find your inner peace in a Romanesque cloister

The Sant Cugat Monastery was the most important in the county of Barcelona in medieval times and is considered one of the best preserved monastery ensembles in Catalonia. Nowadays, it hosts the headquarters of the Sant Cugat Museum. Don't miss the visit to the Romanesque cloisters, the most important element of the complex due to the finely decorated column capitals.

- 📍 Pl. d'Octavià, 1 - Sant Cugat del Vallès. By car or by train and bus
- 📞 www.museu.santcugat.cat  
museu@santcugat.cat  
+34 93 675 99 51
- 📅 Workshops, guided activities and staged visits are available. Check schedule in advance.

**Experience the nature**

### Parc Natural de Sant Llorenç del Munt i l'Obac

## Landscapes of overwhelming beauty

Sant Llorenç del Munt i l'Obac Natural Reserve offers beautiful and unique sceneries to enjoy nature. You can climb La Mola, the most symbolic peak in Vallès Occidental. Stroll through the valley of Vall d'Horta, naturally surrounded by vineyards and overlooked by the imposing casal del Marquet de les Roques (country house). Or discover the architectural ensemble of l'Obac, while wandering around the area and looking at the splendid views of Montserrat.

- 📍 Parc Natural de Sant Llorenç del Munt i l'Obac. By car or by train and bus
- 📞 parcs.diba.cat/web/santllorenç  
p.santllorenç@diba.cat  
+34 93 831 73 00
- 📅 Exhibitions, routes and guided activities are available at Sant Llorenç del Munt i l'Obac Natural Reserve.

**Experience the culture**

### Casa de les Aigües

## Barcelona's 19th century water supply

The magnificent modernist complex of Casa de les Aigües (Water House) in Montcada i Reixac was built in 1878 in order to supply drinking water to the city of Barcelona. This old extraction and pumping station of the river Besòs' aquifer has become a prominent example of Catalan industrial heritage. This visit will allow you to look around the well room, the boiler room and the steam engine room.

- 📍 Parc de les Aigües - Montcada i Reixac. By car or by train and bus
- 📞 www.montcada.cat  
museumunicipal@montcada.org  
+34 93 565 11 22
- 📅 Guided activities and staged visits are available. Check schedule in advance.

**Experience the heritage**

### Masia Freixa

## Architecture inspired by nature

Masia Freixa (country house), one of the architectural jewels of the modernist heritage in the region, is a Gaudi inspired building built by architect Lluís Muncunill between 1905 and 1910. It was built on the structure of an old textile factory owned by industrialist Josep Freixa and, subsequently, it became his family residence. Both the rounded silhouettes of the country house's structure and the use of the parabolic arch will surprise you.

- 📍 Plaça Freixa i Argemí, 11 - Terrassa. By car or by train and bus
- 📞 www.visitaterrassa.cat  
turisme@terrassa.cat  
+34 93 739 74 21
- 📅 From Monday to Sunday, at 12:00, there is a free visit (no prior reservation needed) in Catalan, Spanish, English and French.

**Experience the cuisine and leisure**

### Mercantic

## Gastronomy and leisure in a unique street market

Are you a fan of antiques and vintage items? We advise you to discover this special place due to its uniqueness. Once there, you will find objects from different time periods with collector's items. You will be able to enjoy a visit to the bookshop, El Siglo, and the space for contemporary art, La Puntual; here you will be able to savour varied cuisine and have a blast trying out different leisure suggestions.

- 📍 Avinguda Rius i Pualet, 120 Sant Cugat del Vallès. By car or by train and bus
- 📞 www.mercantic.com  
info@mercantic.com  
+34 93 674 49 50
- 📅 Several activities available. Check schedule in advance.

**Experience the nature**

### Parc Natural de la Serra de Collserola

## An 8,000 hectare natural reserve above Barcelona

The mountain range of Collserola is the natural reserve of the metropolitan area of Barcelona with Tibidabo being its most symbolic hill. A rich green space thanks to its nature, culture and scenery that has become an exceptional school of nature, a prominent hiking destination and a popular recreation area. Can Coll, Can Borrell, Sant Medir or La Torre Negra are some of the most unique spots that you will find very close to our cities.

- 📍 Parc Natural de la Serra de Collserola. By car or by train and bus
- 📞 www.parcnaturalcollserola.cat  
ci@parccollserola.net  
+34 93 280 35 52
- 📅 Serra de Collserola Natural Reserve offers itineraries and guided activities.

**Experience the culture**

### mNACTEC

## Tribute to a rich industrial heritage

The National Museum of Science and Industry of Catalonia, known by its acronym (mNACTEC), is located at the magnificent Vapor Aymerich, Amat i Jover, a work by architect Lluís Muncunill and considered one of the best examples of Catalan industrial modernism. The visit to the mNACTEC allows us to go through the different parts of the steam powered textile factory, which hosted the whole industrial process of the wool manufacturing, and visit the permanent and temporary exhibitions related to scientific, industrial and technical culture.

- 📍 Rambla d'Egara 270 - Terrassa. By car or by train and bus
- 📞 www.mnactec.cat | +34 93 736 89 66  
Terrassa Tourist Office:  
www.visitaterrassa.cat | +34 93 739 74 21
- 📅 Workshops, guided activities and staged visits are available. Check schedule in advance.

**Experience the heritage**

### La Seu d'Egara

## Time travel through history

La Seu d'Egara is an exceptional monument within the Catalan historical and artistic heritage. The ensemble of the churches of Sant Pere, Sant Miquel and Santa Maria covers a vast time period, from the Iberian times until today. We must point out the architecture of the three temples and the ruins of the Visigothic period, the mural paintings of the Early Middle Ages and the Romanesque and the gothic altarpieces that have been preserved.

- 📍 Pl. del Rector Homs s/n - Terrassa.
- 📞 www.visitaterrassa.cat  
turisme@terrassa.cat  
+34 93 739 74 21
- 📅 Activities and staged visits are available. Check schedule in advance.

# Everyone's talking about El Vallès Occidental!

Take your playing pieces and go across the board in order to discover surprising natural spots, modernist buildings, Romanesque churches, museums and events where you can enjoy the music and cuisine.

A whole destination at your feet!  
Will you miss it?




Experience the heritage

Experience the leisure and cuisine

Experience the nature

Experience the culture

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